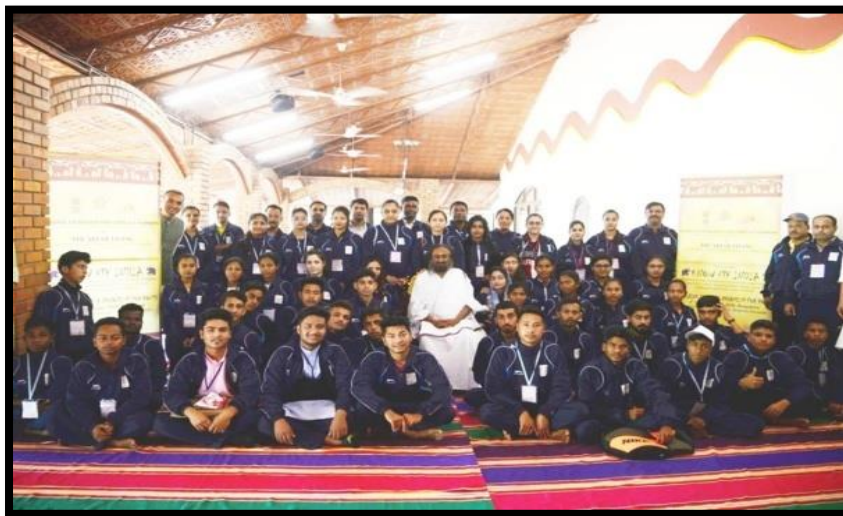


3. The Foundation organized 'Know My India Programme 2019-20' in collaboration with Art of Living Foundation (AOL), Bengaluru from 6th to 10th January, 2020.

The Foundation organized “**Know My India Programme 2019-20**” in collaboration with Art of Living Foundation (AOL), Bengaluru at AOL International Campus, Bengaluru, Karnataka from **6th to 10th January, 2020**. 39 children, 11 State representatives alongwith NFCH officials participated in the programme.



Gurudev Sri Sri Ravishankar with participants of Know My India Programme 2020 organized at AOL, Bangalore

The concept of “**Know My India Programme**” is to bring together these children from different States to promote oneness, fraternity and national integration. The programme had a special module on trauma relief and personality development specially designed by Art of Living Foundation. The children were also taken to places of historical, cultural, scientific significance and institutes of National importance in and around Bengaluru.